

THE FIVE HUMAN VALUES

and related values

TRUTH

Common Sense Courage Conviction Discernment Faithfulness Goodness Honesty Integrity Intuition Justice Listening to the conscience Quest for Truth Reason Respect Self-awareness Self-inquiry **Synthesis Trustworthiness Truthfulness** Unity in diversity Oneness of all things

Wisdom

RIGHT ACTION

Personal Skills

Attention to duty
Caring for one's belongings
Ceiling on desires
Composure
Concentration
Good Conduct
Good habits
Determination
Discrimination
Efficiency
Environmental cleanliness
Goal setting

Perseverence
Personal hygiene
Proper eating habits
Proper nutrition
Proper use of time
Regulation
Self-confidence
Self-control
Self-reliance
Willpower

Social Skills

Charity
Cooperation
Courtesy
Dependability
Good company
Gratitude
Sense of honor
Initiative
Leadership
Modesty
Obedience
Respect for ownership
Problem solving
Resourcefulness
Social Service

Ethical Skills

Appreciation
Dedication
Forbearance
Fortitude
Goodness
Morality
Right deeds
Right speech
Right thoughts
Trustworthiness
Unity of thoughts,
words and deeds
Respect of all forms
of life



PEACE

Balance
Calmness
Commitment

Conflict resolutions

Contentment
Detachment
Discipline
Endurance
Enthusiasm
Equanimity

Faith

Happiness Humility Intelligence

Joy

Moderation
Optimism
Resilience
Patience
Purity
Serenity

Self-acceptance Self-control Self-respect

Simplicity Selflessness

Spirit of service

LOVE

Acceptance Affection Beauty Commitment Compassion

Consideration
Cooperation
Dedication
Devotion
Forgiveness
Friendship
Generosity

Gratitude
Helpfulness
Sense of honor

Humility Joy Loyalty

Love for Motherland

Respect
Reverence
Self-respect
Self-love
Sharing
Surrender
Sympathy

Thoughtfulness

Trust

Trustworthiness

NON-VIOLENCE

Appreciation for

cultures and religions

Benevolence

Ceiling on desires

Cooperation Citizenship

Conscientiousness

Forbearance

Global awareness

Harmlessness

Interrelatedness of all

living things

Reverence for nature

and the Earth
Spirit of sacrifice
Selfless service
Social justice
Tolerance

Unconditional love

Understanding

Unity

Unity in diversity

Universal selfless love



